



Epimerase activity of the human 11 β -hydroxysteroid dehydrogenase type 1 on 7-hydroxylated C₁₉-steroids[☆]

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ABSTRACT

Cytochrome P4507B1 7 α -hydroxylates dehydroepiandrosterone (DHEA), epiandrosterone (EpiA) and 5 α -androstane-3 β ,17 β -diol (Adiol). 11 β -Hydroxysteroid dehydrogenase type 1 (11 β -HSD1) interconverts 7 α - and 7 β -forms. Whether the interconversion proceeds through oxido-reductive steps or epimerase activity was investigated. Experiments using [³H]-labelled 7 β -hydroxy-DHEA, 7 β -hydroxy-EpiA and 7 β -hydroxy-Adiol showed the ³H-label to accumulate in the 7-oxo-DHEA trap but not in 7-oxo-EpiA or 7-oxo-Adiol traps. Computed models of 7-oxygenated steroids docked in the active site of 11 β -HSD1 either in a flipped or turned form relative to cortisone and cortisol. 7-Oxo-steroid reduction in 7 α - or 7 β -hydroxylated derivatives resulted from either turned or flipped forms. 11 β -HSD1 incubation in H₂¹⁸O medium with each 7-hydroxysteroid did not incorporate ¹⁸O in 7-hydroxylated derivatives of EpiA and Adiol independently of the cofactor used. Thus oxido-reductive steps apply for the interconversion of 7 α - and 7 β -hydroxy-DHEA through 7-oxo-DHEA. Epimerization may proceed on the 7-hydroxylated derivatives of EpiA and Adiol through a mechanism involving the cofactor and Ser₁₇₀. The physiopathological importance of this epimerization process is related to 7 β -hydroxy-EpiA production and its effects in triggering the resolution of inflammation.

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1. Introduction

Testosterone, the male hormone, derives from dehydroepiandrosterone (DHEA) and is a precursor for epiandrosterone (EpiA) and 5 α -androstane-3 β ,17 β -diol (Adiol). Testosterone is mainly produced in the testis and ovaries, but also in other tissues through an intracrine process [1]. Peripheral testosterone metabolism proceeds first through reduction of the $\Delta^{4,5}$ double bond to 5 α -dihydrotestosterone (5 α -DHT) by microsomal 5 α -reductase. 5 α -DHT is the sole native ligand for the androgen receptor. Several enzymatic steps are involved in the control of resulting 5 α -DHT levels in tissues. Most of these enzymes are specific hydroxysteroid oxidoreductases (HSOR), namely 17 β -HSOR, 3 α -HSOR and 3 β -HSOR (Fig. 1). Thus, EpiA formation results both from 17 β -oxidation of 5 α -androstane-3 β ,17 β -diol and from 3 β -reduction of

5 α -androstane-3,17-dione. Cytochrome P450-7B1 (CYP7B1) is the enzyme responsible for 7 α -hydroxylation of oxysterols [2], including all 3 β -hydroxysteroids bearing oxygen in the side chain or at the 17-position, such as pregnenolone, DHEA, EpiA and Adiol [3,4]. 7 α -Hydroxy-DHEA, 7 α -hydroxy-EpiA and 7 α -hydroxy-Adiol are produced from their respective precursors via CYP7B1 in tissues such as brain, liver, skin and joints where the hydroxylase is expressed [5–8] (Fig. 1). These tissues also contain NADP(H)-dependent 11 β -HSD1 [7] which converts 7 α -hydroxysteroids to the corresponding 7 β -hydroxysteroids [9–11]. This conversion has been observed in humans by characterizing 7 α - and 7 β -hydroxy-EpiA metabolites in urine after injection of radio-labelled 5 α -androstane-3 β ,17 β -diol [12].

Human 11 β -hydroxysteroid dehydrogenase type 1 (11 β -HSD1) catalyzes the interconversion of cortisone into active cortisol. 11 β -HSD1 inhibition is a tempting target for the treatment of a host of human disorders that might benefit from blockade of glucocorticoid action, such as obesity, metabolic syndrome, and type 2 diabetes. Numerous studies have been devoted to finding potent 11 β -HSD1 inhibitors among natural and chemical molecules [13–17]. It is also possible that steroid molecules naturally produced in the organism

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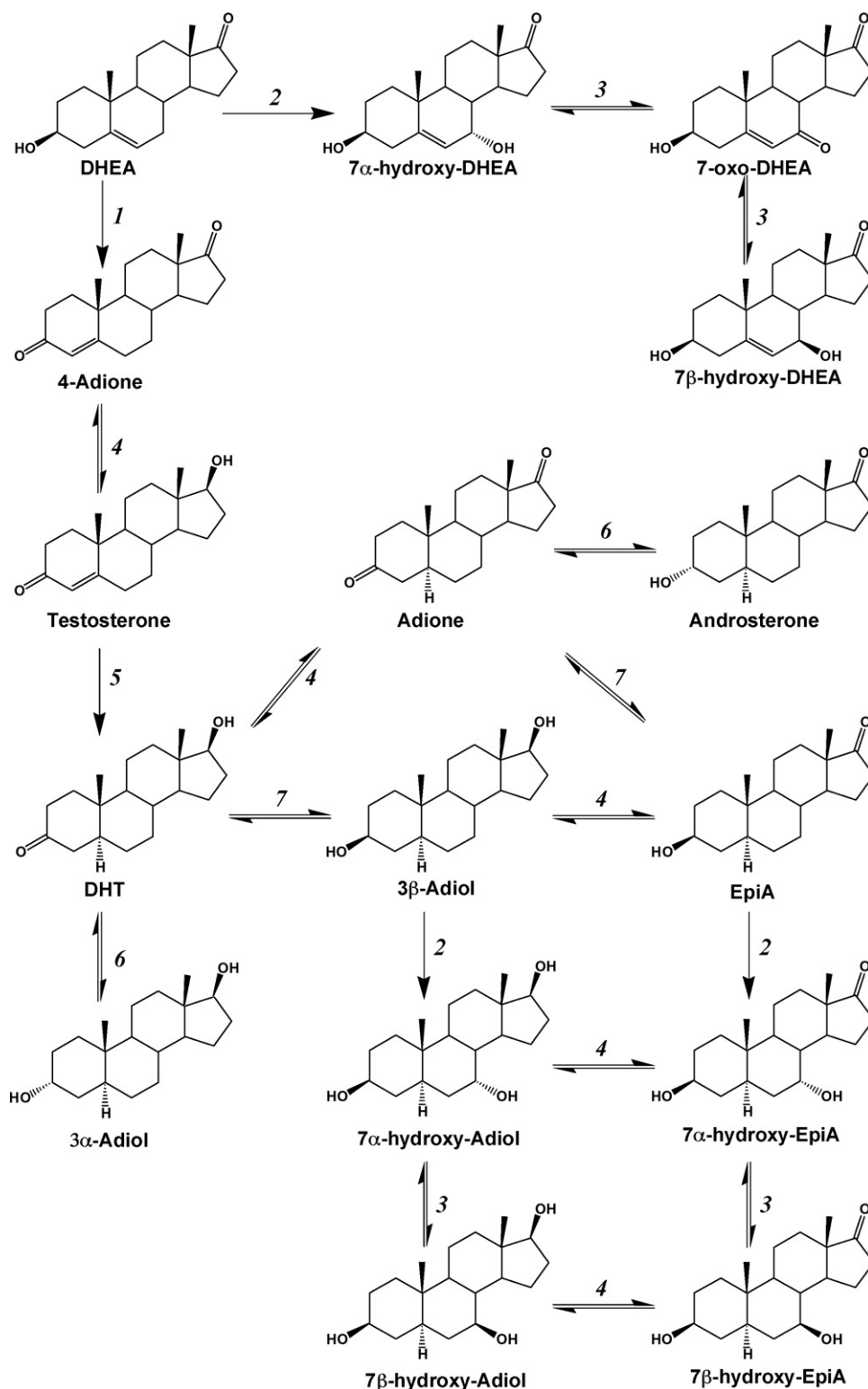


Fig. 1. Epiandrosterone (EpiA) derives from testosterone and is a substrate for CYP-7B1 (2) producing 7 α -hydroxy-EpiA which is then interconverted into 7 β -hydroxy-EpiA by 11 β -hydroxysteroid dehydrogenase type 1 (3). Other enzymes are 3-hydroxysteroid dehydrogenase-isomerase (1), 5 α -reductase (5), 3 α -hydroxysteroid dehydrogenase (6), 3 β -hydroxysteroid dehydrogenase (7), 17 β -hydroxysteroid dehydrogenase (4). Steroids are 5 α -dihydrotestosterone (DHT), 5 α -androsterone-3,17-dione (Adione), 5 α -androsterone-3 α ,17 β -diol (3 α -Adiol), 5 α -androsterone-3 β ,17 β -diol (3 β -Adiol), 5 α -androsterone-3 β ,7 α ,17 β -triol (7 α -hydroxy-Adiol), 5 α -androsterone-3 β ,7 β ,17 β -triol (7 β -hydroxy-Adiol).

control 11 β -HSD1 activity. Our investigations helped identify several native C₁₉-steroids that were substrate for the 11 β -HSD1 and inhibited the interconversion of cortisone and cortisol. Therefore, our objective is to review these findings and to examine both the mechanism of action at stake and its physiological importance.

2. 11 β -HSD1-mediated oxidoreduction of 7-oxo-steroids

In the presence of NADPH, the recombinant human 11 β -HSD1 reduced 7-oxo-DHEA into 7 β -hydroxy-DHEA in preference to 7 α -hydroxy-DHEA as indicated by a higher V_{max}/K_M ratio (Table 1) [9].

Table 1
11 β -HSD1-mediated oxidoreduction of cortisone and 7-oxo-steroids and reduced products. The kinetic parameters were previously reported.

Substrate	Product	K_M (μ M)	V_{max}/K_M
NADPH-dependent 11 β -HSD1-mediated reduction or epimerization			
Cortisone	Cortisol	2.8	0.4
7-Oxo-DHEA	7 α -Hydroxy-DHEA	1.15	0.5
7-Oxo-DHEA	7 β -Hydroxy-DHEA	1.13	7.4
7-Oxo-EpiA	7 α -Hydroxy-EpiA	0.57	23.7
7-Oxo-EpiA	7 β -Hydroxy-EpiA	0.52	5.8
7-Oxo-Adiol	7 α -Hydroxy-Adiol	5.1	3.43
7-Oxo-Adiol	7 β -Hydroxy-Adiol	6.8	0.22
7 α -Hydroxy-EpiA	7 β -Hydroxy-EpiA	8.2	2.2
7 β -Hydroxy-EpiA	7 α -Hydroxy-EpiA	$\gg 21^a$	$< 0.1^a$
7 α -Hydroxy-Adiol	7 β -Hydroxy-Adiol	1.1	4.5
7 β -Hydroxy-Adiol	7 α -Hydroxy-Adiol	22	1.5
NADP ⁺ -dependent 11 β -HSD1-mediated oxidation or epimerization			
Cortisol	Cortisone	17	0.4
7 α -Hydroxy-DHEA	7-Oxo-DHEA	70	0.2
7 β -Hydroxy-DHEA	7-Oxo-DHEA	9.5	1.9
7 α -Hydroxy-EpiA	7 β -Hydroxy-EpiA	8.1	0.9
7 β -Hydroxy-EpiA	7 α -Hydroxy-EpiA	$\gg 21^a$	$< 0.1^a$
7 α -Hydroxy-Adiol	7 β -Hydroxy-Adiol	1.2	2
7 β -Hydroxy-Adiol	7 α -Hydroxy-Adiol	21	0.5

^a Conversion yields were too low for accurate measurements.

This preference for the 7 β -epimer was maintained in the NADP⁺-dependent oxidation of 7 β -hydroxy-DHEA and 7 α -hydroxy-DHEA. Other tests with 7 α - and 7 β -hydroxylated derivatives of EpiA [10] and Adiol [11] gave results conflicting with those obtained through DHEA derivatives. Thus, the NADPH-dependent 7 α -reduction of 7-oxo-EpiA and 7-oxo-Adiol was preferred over the 7 β -reduction by the enzyme through V_{max}/K_M values shown in Table 1. In contrast to DHEA, the NADP⁺-dependent oxidation of 7 α - and 7 β -hydroxy-EpiA and 7 α - and 7 β -hydroxy-Adiol did not result in 7-oxo derivative productions. Instead, interconversion of the 7 α - and 7 β -hydroxylated forms was observed, with a preference for the pro-

duction of the 7 β -hydroxylated epimers [10,11] through V_{max}/K_M values shown in Table 1.

From these findings in 5 α -reduced steroids, the mechanism driven by the recombinant human 11 β -HSD1 remained open. Did the interconversion proceed through oxido-reductive steps or through a direct epimeric transformation? Oxidoreduction should proceed through ketone formation. Our previous kinetic studies indicated through apparent K_M and V_{max} determinations that the conversion of 7 α - into 7 β -derivatives was preferred, as well as the reduction of 7-oxo into 7 α -derivatives. On this basis, and because a very rapid oxidoreduction process could deplete the medium of a putative 7-oxo intermediate, we chose to use the 7 β -hydroxysteroids as substrates for the recombinant human 11 β -HSD1 with and without NADP⁺ or NADPH supplementations.

Search for a putative 7-oxo intermediate was assessed with use of the [³H]-labelled 7 β -hydroxysteroid together with the relevant non-radioactive 7-oxo-steroid for radioactivity trapping. In order to validate this model we used the known NADP⁺-dependent 11 β -HSD1-catalyzed oxidation of 7 β -hydroxy-DHEA into 7-oxo-DHEA. Our evidence obtained for [³H]-label in the 7-oxo-DHEA originating from [³H]-7 β -hydroxy-DHEA indicated that the model was functional. No label occurred in the expected 7 α -hydroxy-DHEA fraction with use of NADP⁺ supplementation. Use of NADPH supplementation did not yield any [³H]-7 β -hydroxy-DHEA transformation product, thus indicating that the NADP⁺-dependent oxidation step was a prerequisite for further transformation. The validated model, used with either [³H]-7 β -hydroxy-EpiA or [³H]-7 β -hydroxy-Adiol, should yield [³H]-label accumulation in the respective 7-oxo-EpiA and 7-oxo-Adiol traps. No label was found in the two 7-oxo-steroid traps, but small amounts of radioactivity occurred at the level of 7 α -hydroxylated derivatives. These formations did not occur in the absence of the cofactor and were more dependent on NADPH than NADP⁺. Two conclusions may be drawn from these findings. Firstly, the recombinant human 11 β -HSD1 does not trigger the NADP⁺-dependent oxidation of 7 β -hydroxy-EpiA and 7 β -hydroxy-Adiol into 7-oxo derivatives. Secondly, the enzyme causes

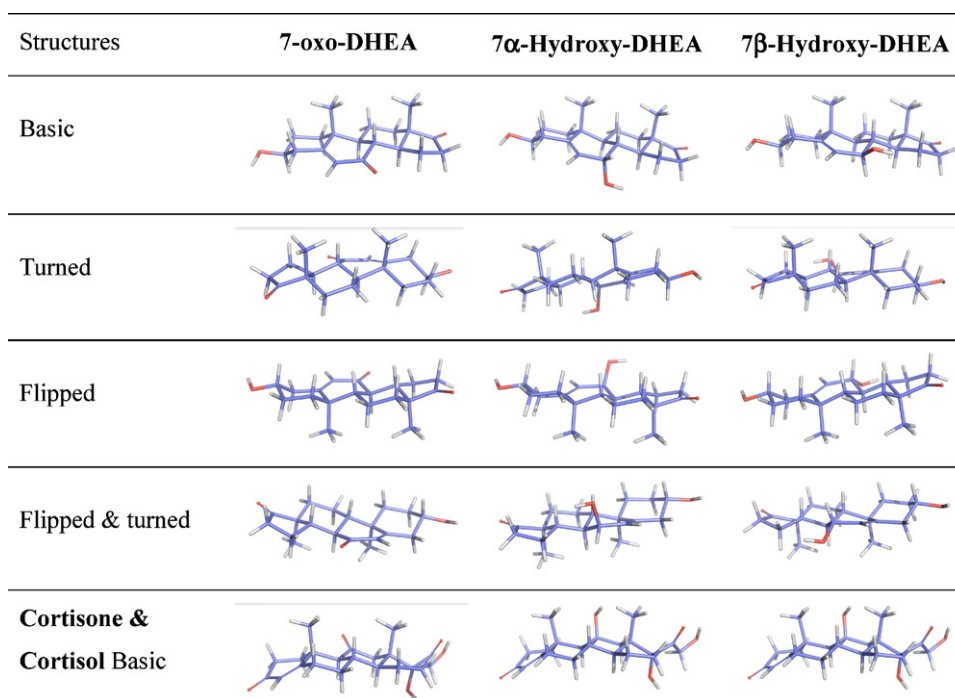


Fig. 2. Possible positioning relative to cortisone or cortisol for 7-oxygenated DHEA derivatives in the 11 β -HSD1 active site. Structural models were generated from computation using the Khon-Sham methodology (mol. 2 data). The 12 7-oxygenated DHEA derivative positions were selected for this tabular figure. Steroid backbone, oxygen and hydrogen are depicted in blue, red and white, respectively. (For interpretation of the references to color in this figure legend, the reader is referred to the web version of the article.)

Table 2
 11 β -HSD1-mediated reduction of cortisone and 7-oxo-steroids. Kinetic parameters were previously reported. Distances between oxygen borne at the steroid 7-position and Tyr₁₈₃ phenolic group and active hydrogen-bearing C₄ of nicotinamide (NA) in NADPH are given. The distances in brackets are those measured in each product deriving from the reduction process. Each steroid model was positioned and docked at minimum energy settings into the computerized crystal structure of the human 11 β -HSD1. Distances in Å were obtained through use of PyMol software.

Substrate (position)	Product (position)	K_M (μ M)	V_{max}/K_M	Tyr ₁₈₃ (Å)	NA (Å)
Cortisone	Cortisol	2.8	0.4	2.85 [1.81]	1.90 [2.30]
7-Oxo-DHEA (turned)	7 α -Hydroxy-DHEA (turned)	1.15	0.5	5.00 [3.16]	2.45 [2.34]
7-Oxo-DHEA (flipped)	7 β -Hydroxy-DHEA (flipped)	1.13	7.4	2.31 [3.81]	2.29 [4.97]
7-Oxo-EpiA (turned)	7 α -Hydroxy-EpiA (turned)	0.57	23.7	4.40 [3.91]	1.91 [1.93]
7-Oxo-EpiA (flipped)	7 β -Hydroxy-EpiA (flipped)	0.52	5.8	2.34 [2.06]	2.29 [2.57]
7-Oxo-Adiol (turned)	7 α -Hydroxy-Adiol (turned)	5.1	3.4	5.60 [2.94]	1.84 [1.96]
7-Oxo-Adiol (flipped)	7 β -Hydroxy-Adiol (flipped)	6.8	0.22	3.11 [1.81]	2.11 [2.42]

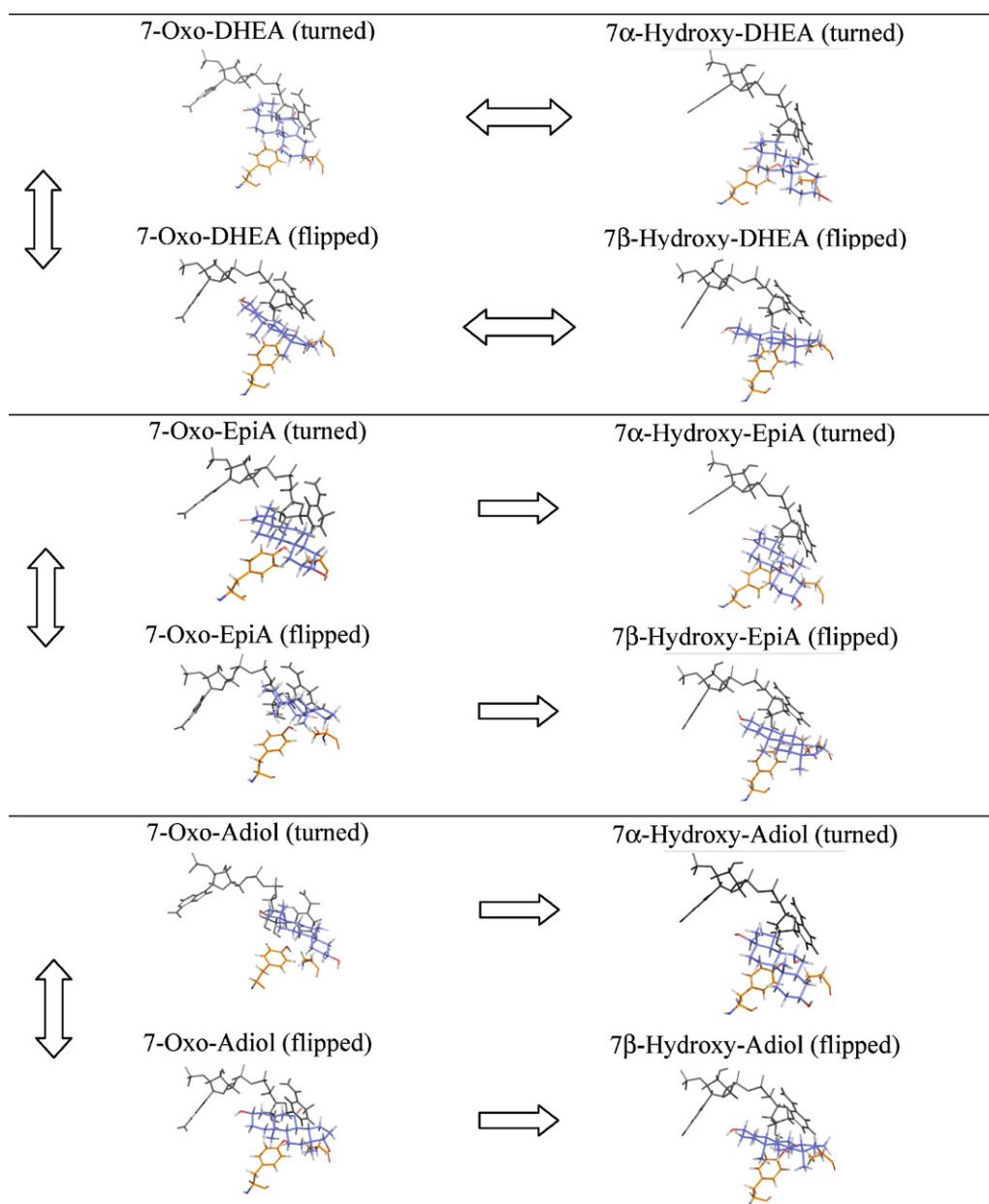


Fig. 3. Mechanism generating both 7 α - and 7 β -hydroxysteroids after 11 β -HSD1-catalyzed NADPH-dependent reduction of 7-oxo-steroid precursors. The crystal structure of the human 11 β -HSD1 retrieved from the Protein Data Bank (PDB code 1ILT) was used in conjunction with QuacPac program from Openeye Scientific Software. Docking of the different steroids was performed using the flexible docking program Surflex. The steroid substrates (blue) and products were docked in the site relative to Tyr₁₈₃, Ser₁₇₀ (orange) and nicotinamide from NAD(P)(H) (black) at minimum energy settings for each flipped or turned structure. Enzymatic reduction of turned structures results in 7 α -hydroxylated product while flipped structures result in 7 β -hydroxylated products. (For interpretation of the references to color in this figure legend, the reader is referred to the web version of the article.)

Table 3

11 β -HSD1-mediated epimerization of 5 α -reduced 7-hydroxysteroids. Kinetic parameters were previously reported [9–11]. Distances between the hydroxyl borne at the steroid 7-position and Tyr₁₈₃, Ser₁₇₀ hydroxyl groups and C-4 of nicotinamide (NA) in NADP⁺ are given. The distances in brackets are those measured in each product deriving from the epimerization process. Each steroid model was positioned and docked at minimum energy settings into the computerized crystal structure of the human 11 β -HSD1. Distances were obtained through use of PyMol software.

Substrate (position)	Product (position)	K_M (μ M)	V_{max}/K_M	Tyr ₁₈₃ (Å)	Ser ₁₇₀ (Å)	NA (Å)
7 α -Hydroxy-EpiA (turned)	7 β -Hydroxy-EpiA (turned)	8.1	0.9	3.91 [4.65]	1.77 [2.27]	1.93 [4.03]
7 β -Hydroxy-EpiA (flipped)	7 α -Hydroxy-EpiA (flipped)	>21 ^a	<0.1 ^a	2.06 [5.31]	1.98 [3.41]	2.57 [3.35]
7 α -Hydroxy-Adiol (turned)	7 β -Hydroxy-Adiol (turned)	1.2	2	2.94 [2.50]	2.04 [3.34]	1.96 [4.02]
7 β -Hydroxy-Adiol (flipped)	7 α -Hydroxy-Adiol (flipped)	21.0	0.5	1.81 [5.37]	1.96 [3.44]	2.42 [3.35]

^a Transformation yields were too low for a precise measurement.

epimerization of the 5 α -reduced 7 β -hydroxysteroids independently of the cofactor oxidation state and prefers NADPH over NADP⁺ for epimer production. Nevertheless, presence of a cofactor is necessary for such epimerization. It should be noted that the NADPH-dependent reduction of 7-oxo-EpiA and 7-oxo-Adiol was described with a preferred production of the 7 α -hydroxylated derivatives [10,11], while such derivatives are preferably epimerized into 7 β -hydroxylated compounds. It should also be noted that these findings obtained with the recombinant human 11 β -HSD1 correlated well with other studies using the native enzyme in human liver and intestinal preparations [5,6].

The present findings were also assessed through close examination and comparison of the steroid structures relative to enzyme activity. Cortisone and all 7-oxo steroids are substrates for NADPH-dependent reduction using the recombinant 11 β -HSD1. For the 11-oxo and 7-oxo groups, an equivalent positioning in close proximity to NADPH within the active site of the enzyme could be expected.

3. Examination of 7-oxidized steroid structures

The modelling of cortisol, cortisone and the 7-oxygenated steroids was computed after use of the Khon-Sham density functional theory [18]. Free access to these models, namely cortisol, cortisone, 7-oxo-DHEA, 7-oxo-EpiA, 7-oxo-Adiol, 7 α -hydroxy-DHEA, 7 α -hydroxy-EpiA, 7 α -hydroxy-Adiol, 7 β -hydroxy-DHEA, 7 β -hydroxy-EpiA and 7 β -hydroxy-Adiol, is provided [<http://bioinfo.cnam.fr/bioinfo/structuresteroids/inmol2/>]. The structure of each 7-oxidized steroid may be positioned as cortisol or either flipped or turned (Fig. 2). The 7-oxo groups of all flipped or turned 7-oxosteroids could match correctly with the 11-oxo group of cortisone. In 7 α -hydroxysteroids, the axial 7 α -position is only able to match with the axial 11 β -hydroxyl of cortisol after a flip of the molecule. This was not the case with the equatorial 7 β -position which stood opposite to the axial 11 β -hydroxyl when either flipped or flipped and turned. The turned molecule would be the only structure bringing the 7 β -hydroxyl into the vicinity of the 11 β -hydroxyl. It was also noticed that the structures of Δ_5 -steroids did not superpose exactly with those of 5 α -reduced steroid structures. These comparisons led us to examine the fit of each steroid relative to Tyr₁₈₃ and Ser₁₇₀ in the active site of the cofactor-supplemented 11 β -HSD1.

4. Docking of 7-oxo-steroid derivatives in the 11 β -HSD1 active site

Cortisone docked in the NADPH-fortified 11 β -HSD1 active site in proximity to the cofactor and to Tyr₁₈₃ with minimum energy required (Table 2). No other cortisone position would dock properly within the site. This positioning results in cortisol production from cortisone reduction. Once either turned or flipped, all 7-oxosteroids were positioned in the site with the 7-oxo in proximity to NADPH and to Tyr₁₈₃. Distances between the steroid-borne ketone and both Tyr₁₈₃ and the active hydrogen-bearing C₄ of nicotinamide in NADPH correspond well with kinetic parameters (Table 2). Thus,

the highest V_{max}/K_M values were obtained with the shortest distances from nicotinamide and were modulated by those from Tyr₁₈₃. The NADPH-dependent reduction occurred on either turned or flipped 7-oxo-steroids, and led to the production of 7 β - and 7 α -reduced derivatives, respectively (Table 2 and Fig. 3). This structural positioning approach permits assessment of the events taking place in the active site. It indicates that production of 7 α - and 7 β -reduced forms result from the two different docking positions of the 7-oxo-steroid substrates in the active site. Thus, flipped formulae of 7-oxo and 7 β -hydroxysteroids were docked in the site, while turned formulae of 7-oxo-steroids and 7 α -hydroxysteroids were also docked in the site (Fig. 3). When applied to 7-oxo-steroids, these two docking forms lead to the mechanism depicted in Fig. 3, where 7-oxosteroids are reduced in the α - or β -position when docked in a turned or flipped position. This proposal is attractive as it may explain the stereospecific reduction of 7-oxo-cholesterol to 7 β -hydroxy-cholesterol, exclusively [19–21]. Our model shows that due to its large side chain, 7-oxo-cholesterol docking into the 11 β -HSD1 active site may occur in the flipped position only, thereby leading to its reduction to 7 β -hydroxy-cholesterol only.

5. Epimerization and docking of 5 α -reduced 7-hydroxysteroids in the 11 β -HSD1 active site

The epimerization mechanism derived from our examination of 7-oxosteroid oxidoreduction by the 11 β -HSD1. Nevertheless, this did not apply satisfactorily in a direct epimerization of 7 α - and 7 β -hydroxylated 5 α -reduced steroids and further examination of steroid docking showed that turned 5 α -reduced 7 α -hydroxysteroid structures met with minimum energy requirements as the 7 α -hydroxyl was positioned closer to Ser₁₇₀ than Tyr₁₈₃ (Table 3). With 5 α -reduced 7 β -hydroxysteroids, the flipped formulae met with minimum energy requirements and the 7 β -hydroxyl positioned was in close vicinity to Ser₁₇₀ and nicotinamide C₄ while Tyr₁₈₃ became more distal (Table 3). Differences in positioning of either 7 α -hydroxy-EpiA and 7 α -hydroxy-Adiol or 7 β -hydroxy-Adiol and 7 β -hydroxy-Adiol led us to question the absence of 7-oxo intermediate production and the interconversion process taking place in the presence of both NADPH and NADP⁺. The possibility of an epimerization process taking place led to several hypotheses: (i) once docked and oxidized, the turned 7 α -hydroxy-EpiA carbanion could react with H₂O and form an unstable ketone-hydrate leading to 7-oxo-EpiA immediately reduced to 7 β -hydroxy-EpiA; (ii) the turned 7 α -hydroxy-EpiA carbanion could react with the proximal Ser₁₇₀, to form a stable hemi-ketal reduced then by NADPH in 7 β -hydroxy-EpiA (Fig. 4); (iii) the formed 7-oxo intermediate is kept locked into the enzyme active site where it flips or rotates prior to reduction into the epimeric form. These mechanisms could apply to 7 β -hydroxy-EpiA substrate after docking in the flipped position, and to 7 α - and 7 β -hydroxy-Adiol. Testing the first hypothesis required the use of H₂¹⁸O. We lyophilized 1 mg portions of the recombinant 11 β -HSD1 in the presence of either NADP⁺ or NADPH, and tested their activity before carrying out incubations in the presence of H₂¹⁸O. As expected, no ¹⁸O enrichment was detected in 7 α -hydroxy-DHEA

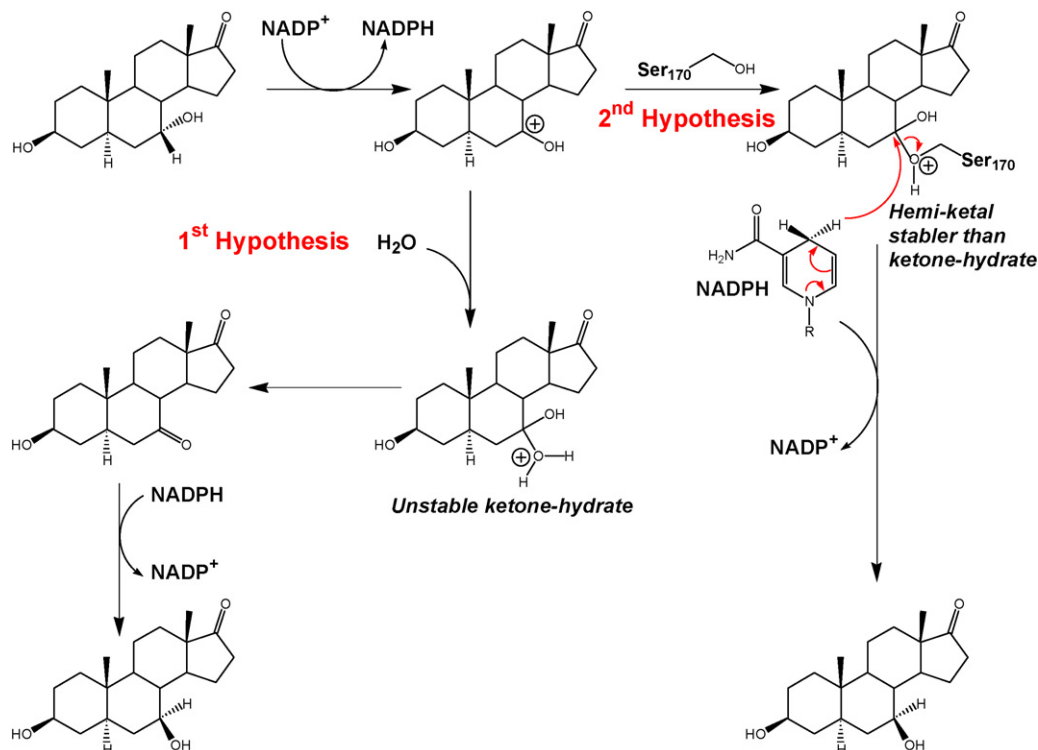


Fig. 4. Hypotheses for 11 β -HSD1-catalyzed epimerization of 5 α -reduced 7-hydroxysteroids. The steroid depicted is 7 α -hydroxy-EpiA docked in the enzyme site with the 7 α -hydroxyl in proximity to Ser₁₇₀ and distant from Tyr₁₈₃. The first hypothesis involves one molecule of H₂O which provides the –OH necessary for epimerization to proceed through ketone-hydrate formation and a 7-ketone intermediate. Absence of ¹⁸O enrichment after use of H₂¹⁸O eliminated this hypothesis. The second hypothesis implies reaction of Ser₁₇₀ for hemi-ketal production prior to reduction. This model applies as well to 7 α -hydroxy-Adiol and 7 β -hydroxy-Adiol under turned and flipped structures, but requires NADP⁺ to proceed and does not explain the preferred NADPH-mediated epimerization.

or 7 β -hydroxy-DHEA after incubation of 7-oxo-DHEA in the presence of NADPH. Both 7 α -hydroxy-DHEA and 7 β -hydroxy-DHEA were oxidized into 7-oxo-DHEA in NADP⁺-fortified incubations without ¹⁸O incorporation. As expected from the mechanism proposed above, the reduction of 7-oxo-EpiA by NADPH produced both 7 α -hydroxy-EpiA and 7 β -hydroxy-EpiA containing no ¹⁸O. In the presence of NADP⁺ as well as NADPH, 7 α -hydroxy-EpiA and 7 α -hydroxy-Adiol were converted to 7 β -hydroxy-EpiA and 7 β -hydroxy-Adiol containing no ¹⁸O. Thus, the 11 β -HSD1 interconverts both 7 α - and 7 β -epimers through a NADPH-dependent process which does not involve H₂O in the medium. These results imply that the second hypothesis identifying Ser₁₇₀ as possibly responsible for the epimerization process may be valid. This proposal relates well to the 7-oxygen distances from Ser₁₇₀ and the cofactor as well as to the measured K_M and V_{max}/K_M ratios (Table 3) and shows that once produced, epimerized products become distant from Ser₁₇₀ and the cofactor, thus releasing them and excluding a back reaction to proceed. Ser₁₇₀ replacement by other amino acids through site-directed mutagenesis could provide proof for Ser₁₇₀ involvement in the process. Nevertheless, at present we cannot provide any proof validating this hypothesis. The last hypothesis implies that once produced from their 7-hydroxylated precursor, both 7-oxo 5 α -reduced derivatives are docked into the active site of the enzyme and allowed to flip or turn without leaving the site. This would first require NADP⁺ for the oxidation to proceed and then NADPH for reduction and epimer production. The fact that NADPH is preferred for the epimerization process does not support this hypothesis. In addition, computational examination of the steroid positions in the active site of the enzyme did not provide evidence for possible flip or turn of the docked steroids. In conclusion, we were able to demonstrate the 11 β -HSD1-mediated epimerization of 5 α -reduced 7-hydroxysteroids, but unable to assess its exact mechanism.

6. Rationale for the epimerization process to proceed

The immediate question raised by these findings concerns the utility of 11 β -HSD1-containing cells generating epimers of 5 α -reduced-7-hydroxysteroids. The present knowledge of steroid metabolism and effects of 7 β -hydroxysteroids may provide answers to that question. Firstly, most tissues (liver, brain, skin. . .) express the 11 β -HSD1 in order to convert the 11 β -HSD2-generated cortisone into active cortisol [7,22]. Secondly, these tissues contain CYP7B1 which is responsible for the 7 α -hydroxylation of DHEA, EpiA and Adiol [7,23]. Thirdly, 11 β -HSD1 produces 7 β -hydroxy-EpiA from the 7 α -hydroxy-EpiA precursor [5,6,10]. Fourthly, 7 β -hydroxy-EpiA specifically triggers the production of 15-deoxy- $\Delta^{12,14}$ -PGJ₂ (15d-PGJ₂) in animals [24] and humans [25]. Since 15d-PGJ₂ is directly implied in the resolution of inflammation [26,27] and is the native ligand for PPAR- γ [28–30], the role of 7 β -hydroxy-EpiA is key in these processes.

Through measured K_M and V_{max}/K_M values, our studies indicate that 7 β -hydroxy-EpiA production from the 7 α -hydroxy-EpiA precursor is greatly favoured. Therefore, native production of 7 β -hydroxy-EpiA through the 11 β -HSD1-mediated interconversion process could be important in controlling inflammation and related consequences for the organism.

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